



# GARDEN ACTIVITIES & LESSONS

This is a list of our favourite garden-based activities for kids and youth. All of the items are hyperlinked so you can just click through to each website.

## FRESH ROOTS: Ideas for At Home Learning

<https://freshroots.ca/blog/category/at-home-learning-resources/>

## KIDS GARDENING

<https://kidsgardening.org/educator-resources/>

## WHOLE KIDS FOUNDATION: School Gardens Activity Guide

<https://www.wholekidsfoundation.org/school-gardens>

## LIFE LAB

<https://www.lifelab.org/for-educators/schoolgardens/#lessons>

## FOODSPAN

<http://www.foodspanlearning.org/>

## GREEN THUMBS

<https://greenthumbsto.org/tools/lesson-plans-worksheets/>

## BC AGRICULTURE IN THE CLASSROOM

<https://www.bcaitc.ca/resources>

## EDIBLE SCHOOLYARD

<https://www.edibleschoolyard.org/resource-search>

## SOCIETY PROMOTING ENVIRONMENTAL CONSERVATION

<https://spec.bc.ca/for-schools>

## EDIBLE GARDEN PROJECT

<http://ediblegardenproject.com/teacher-resources/>





# GARDENING RESOURCES

This is a list of some of our favourite resources for vegetable gardening in coastal BC. Just click the links to visit each website.

[COMPOST EDUCATION CENTRE](#) has online gardening workshops, a garden hotline, and lots of useful [factsheets](#)!

[MASON STREET CITY FARM](#) has an amazing plant nursery with weekly bedding plant sales for home gardeners.

[LINDA GILKENSON'S Seasonal Gardening Tips!](#)

You can receive tips by email from this west coast gardening expert by signing up for her mailing list.

[WEST COAST SEEDS](#) has tons of gardening resources and you can sign up for their mailing list where they send out useful tips. They also have a fantastic [seasonal planting guide](#) so you know what to grow when!

[NATIONAL GARDENING ASSOCIATION](#) has a great planting guide too.

[ROOTS & REFUGE FARM](#) is located in Arkansas but they have a lots of useful video tutorials.

[CALIFORNIA GARDENER](#) has a YouTube channel. They now live in coastal BC and have some great tutorials.

[VICTORIA URBAN FOOD TABLE](#) will have local video tutorials and resources available soon!

[SEED THE CITY](#): An 8-week summer course in urban agriculture for high school students in the Greater Victoria School District

